

## Very Peary Salad

Courtesy of Carole's Creations

Prep Time: Time with the kids, priceless

Makes: 1 pear salad per child 4- 5

**CChints:** This is a great recipe for children of all ages. It is the perfect salad to get your creative talents flowing and bring out the kid inside you.



You will be designing your own Very Peary salad faces of people or animals out of pear halves using some of the items listed below or items you probably already have in your kitchen. A trick to keeping your facial parts in place is to use a small amount of reduced-fat mayonnaise or peanut butter. These act as eatable glue for your creation.

1 can Pear halves, drained

1 large lettuce leaf under each slice of pear

Drain the pears and pat each half dry with a paper towel. You will want to place each piece of lettuce and the pear on the plate it will be served on because your creation may shift when you try to move it. The narrow part of the pear is at the top with the wider bottom forming the chin area.

**Eyes** can be made out of raisins only or put a slice of almond under the raisin, carrots cut into thin flat circles, small dollops of peanut butter or your favorite jam. Small pecan halves or other nuts can also be used but you will need to put a little peanut butter underneath them so they stick to your face.

**Eye Brows** if you want to have them can be thin short pieces of celery or carrots, slices of wrapped cheese square cut narrow and ½ inch long.

**Lips** can be made of thin slices of red bell pepper, 3 circles of sliced carrots, a smear of peanut butter or thin ropes of red liquorish.

**Noses** look and taste great made out of celery or cheese cut into a triangle. A bing cherry half or half of a cherry tomato gives your face a rosey nose.

**Hair:** Spread a thin layer of reduce-fat mayonnaise or salad dressing at the top of the pear to make it look like a hair line and maybe a little down each side. You will want to use one of these products because the hair you decide to use will stick to it. You can use thin slices of celery. When celery is cut thin and shallow strips, it tends to curl. Or you can use your favorite packed shredded reduced-fat cheddar cheese. For a brown haired look, use finely chopped nuts. Carrot can be sliced very thin and about ½ inch wide and rolled into curls.

**Dog or cat ears** can be made out of another piece of the pear. Take a half or any broken pieces. Dog ears can be sliced into 1/2 inch thick slices and put on each side of the face. Red liquorish makes a great leach and tongue. Cat ears can be cut into triangles and use the red liquorish for whiskers and a mouth.

**Freckles** are optional and can be made with pieces of crumbled bacon.