

## **Succotash**

Courtesy of Carole's Creations

Prep Time: 10 minutes

Cooking Time: 25 minutes

Serves: 6

**CChints:** This recipe is a great side dish for grilled meat, chicken or fish. You want the lima beans to get soft so the longer you cook it the softer they will become.



- 2 tablespoon butter
- 1 cup yellow onion, chopped
- 1 glove garlic, minced
- 2 cups frozen corn, thawed
- 1/2 cup red bell pepper, diced
- 1 teaspoon dried basil
- 10 ounce package baby lima beans
- 1/2 cup fat free, low sodium chicken broth
- 1/2 teaspoon sugar
- 1/2 teaspoon salt
- A dash black pepper

Melt the butter in a large nonstick skillet over medium heat. Add the onion, cook 3 minutes and add the garlic for 1 minute. Add the corn and the rest of the ingredients, cover and simmer for 25 minutes.