

Salami Salad

Courtesy of Carole's Creations

Prep Time: 10 minutes

Cooking Time: none

Serves: 4

CChints: Salami can be purchased from your supermarket deli in different flavors. Often times they will let you taste each flavor to see which one your prefer or you can find it in with packaged lunch meats.



8 – 10 ounce bag prewashed salad greens
1/2 pound Salami cut into 1/2" wide strips
2/3 cup cucumber, sliced
1/2 cup Kalamata olives, pitted and sliced
1/4 cup red onion, sliced very thin
1/2 cup crumbled, reduced fat Feta Cheese
4 tablespoons extra virgin olive oil
1 tablespoon balsamic vinegar
1 glove garlic, minced fresh or from a jar
Salt and pepper to taste

Divide everything among the 4 plates starting with the salad greens. Top with cucumber, olives and onions. Add the salami and sprinkle with feta cheese.

In a small bowl, whisk together the olive oil, balsamic vinegar and garlic. Pour over the salads, salt and pepper to taste and enjoy.